

# Joint Commissioning Strategy for the Mental Health and Well-being of Adults of a Working Age

## **Purpose of the Report**

This report is primarily intended for information, as views on the draft commissioning strategy will be provided by a range of other stakeholders, including the County's Adults Wellbeing and Health Overview and Scrutiny Committee and the Cambridgeshire Health and Wellbeing Board, and to provide an overview. If members would like to contribute views at this meeting or consider the matter in more depth at the next meeting they are welcome to do so.

## **Background**

NHS Cambridgeshire, in early 2011, had been commissioning Cambridgeshire and Peterborough NHS Foundation Trust to deliver approximately 25 care pathways, covering a range of mental health services from primary care to secondary care, and a range of specialist services for people with severe or enduring mental health illness and more complex care problems.

Following an extensive public consultation in the later half of 2011 it was decided to radically transform mental health services to try and give patients faster access to support at an early stage in their illness, more responsive care from community based mental health services and better care for patients who require admission. These changes were developed with the local GP Cluster Groups, who will begin to commission and establish Primary Care Mental Health Services through the Cambridgeshire and Peterborough Shadow Clinical Commissioning Group from April 2013.

The Joint Commissioning Strategy for the Mental Health and Wellbeing of Adults of Working Age is presently drafted, taking into account the views from key stakeholders. The priorities from an

early draft are appended to this paper, for the information of members.

### **Work of the County Adults Wellbeing and Health Overview and Scrutiny Committee**

The County Council's Adults Wellbeing and Health Overview and Scrutiny Committee (OSC) formed a time limited joint OSC with the Peterborough equivalent in late 2011-early 2012 to exam and respond to proposals for changes to adult mental health services in Cambridgeshire and Peterborough. Since then a joint working group has monitored the changes. On 14th November, this group met with representatives from CPFT: NHS Cambridgeshire/the shadow CCG; and the two county councils, to assess how implementation was progressing and to appraise the draft 'Joint Commissioning Strategy for the Mental Health and Wellbeing of Adults of Working Age'.

The County Council's Adults Wellbeing and Health Overview and Scrutiny Committee has also discussed how CPFT plan to improve the services to young people who are at the transitional age between child and adult services, including access to services when a young person first becomes unwell at the age of 16 or 17. This is an area of concern that the Adults Wellbeing and Health OSC recently raised.

The OSC has recently discussed the learning so far from the implementation of the Advice and Referral Centre, which has been trialled in Peterborough, before being gradually rolled out across the County, reaching the Cambridge area by summer 2013.

The next steps for the OSC are:

1. Respond to the latest version of the draft joint commissioning strategy - Cambs working group councillors are planning to meet in the next couple of weeks to examine the strategy and start formulating a response, in liaison with our Peterborough counterparts,
2. Have another joint working group meeting in early 2013, combined with a visit to the Peterborough base of the ARC,
3. Discuss local progress in resolving child to adult mental health transition issues at the OSC meeting in Feb 2013.